



# Panania North Public School

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## K-6 Assembly

The following awards will be presented at our K-6 Assembly to be held on Wednesday **25 September** 2019 at 2:15pm.

**Principal's Award:** Abigail H (Turtle Doves), Eleni S (Green Herons), Zilaa D (Rosellas), Jonathan G (Hawks), Harrison E (Hawks), Cooper C (Eagles), Michelle T (Albatross), Charlotte F (Turtle Doves), Shakina T (Seagulls), Sophia N (Currawongs), Ruby S (Currawongs), Charlie H (Corellas), Charlise H (Seagulls), Megan L (Currawongs), Anisa H (Galahs), Daniel C (Seagulls), Taya C (Albatross), Ava L (Eagles), Rose H (Rosellas), Cobalt W (Fairy Wrens), Mason A (Corellas), Daniella R (Fairy Wrens), Harvey G (Galahs), Janah E (Hawks), Izabel S (Turtle Doves), Luca K (Honeyeaters), Ruby L (Currawongs)

**Gold Principal's Award:** Abigail H (Turtle Doves), Cooper C (Eagles), Megan L (Currawongs)

## Notes & Payments

Please be aware of the following payments/notes that are overdue, or that are coming up.

- PSSA
- Stage 3 Camp
- Stage 1 Fairfield City Museum excursion



## What's coming up

### Week 10

#### **Wednesday 25 September**

- K-6 Assembly performance – Penguins

#### **Friday 27 September**

- Yoga for ES1 & S1

### Week 1 Term 4

#### **Monday 15 October**

- First day back to school for students for Term 4



## The Tell Them From Me Parent Survey (Term 3, 2019)

This Term, our school will be participating in the **Partners in Learning parent survey**, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement.

The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement. Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carers views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential.

The parent survey will be conducted between 26 August and 25 October and is available in 23 languages. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

To access the survey for our school go to:  
<http://nsw.tellthemfromme.com/pnps4012>

# SPORTS NEWS



Congratulations to Cameron C (Seagulls) on his selection in the NSWPSSA Boys Softball team. Cameron and his team played against 12 other teams, including catholic and independent schools. Overall they came 5th out of 13th. A gallant effort as they played 12 games (winning 8 of those) over 3 days in hot, windy and dry conditions. Well done Cameron!



We're so proud of all our students who continually try their best and go above and beyond in their sporting adventures!

Winner winner! Congratulations Liliana! 1st in the 8 years girls 100m at the Sydney South West Athletics Carnival. She will now compete at the State Athletics carnival representing Panania North, East Hills PSSA and Sydney South West! Well Done Liliana! We can't wait to see how you go in the next round.



## YOGA/MINDFULNESS PROGRAM

Dear Parents/Carers,

We would be delighted if you would join us on Friday 27<sup>th</sup> September, as we will be running a Life Skills Group Family Class Viewing run by the beautiful Miss Tayla, in the school hall. The timetable will be sent home to stage 1 & Kinder students on Monday.

So often as parents and carers we are racing home from work, cooking dinner, doing the homework, getting the kids to bed and doing the house work before falling into a deep sleep; only to wake up and do it all again.

In this Life Skills Group Family Class Viewing, parents, carers and children participate in games and relaxation activities that they can then take home and use on a regular basis. We provide fun, 'bite-sized' exercises that they can try at home to help each family member unwind and connect with each other.

For more information on Life Skills Group, go to <http://www.lifeskillsgroup.com.au/>

We look forward to seeing you at our final session.

Yours faithfully  
Samantha Bruno  
Organiser

# TERM 4 CALENDAR

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	<b>14/10</b> Term 4 begins P&C Meeting	<b>15/10</b>	<b>16/10</b>	<b>17/10</b>	<b>18/10</b> PSSA
2	<b>21/10</b>	<b>22/10</b>	<b>23/10</b> Assembly - Corellas	<b>24/10</b> Kindergarten Transition Day 1	<b>25/10</b>
3	<b>28/10</b>  Bankstown Dance Festival Rehearsal and Evening Performance	<b>29/10</b>	<b>30/10</b> Obstacol P&C event	<b>31/10</b> Kindergarten Transition Day 2	<b>1/11</b>
4	<b>4/11</b>	<b>5/11</b> Corellas, Eagles & Turtledoves Excursion Fairfield Museum	<b>6/11</b> K-6 Assembly - Kindergarten	<b>7/11</b> Kindergarten Transition Day 3 Sports and Extra Curricula photos	<b>8/11</b> School Disco - Halloween
5	<b>11/11</b>	<b>12/11</b>	<b>13/11</b>	<b>14/11</b> A Day for Shay	<b>15/11</b>
6	<b>18/11</b> Year 5/6 Camp	<b>19/11</b> Year 5/6 Camp	<b>20/11</b> Year 5/6 Camp	<b>21/11</b> Lyrebirds & Galahs Excursion to fairfield museum	<b>22/11</b>
7	<b>25/11</b>	<b>26/11</b>	<b>27/11</b>	<b>28/11</b> Year 6 Funday	<b>29/11</b> Talent Quest
8	<b>2/12</b> Talent Quest	<b>3/12</b> High school Year 6 Orientation Day	<b>4/12</b> K-6 Assembly - (Final 2019 Awards presented)	<b>5/12</b> Thank you Morning Tea Combined SRE service	<b>6/12</b>
9	<b>9/12</b>	<b>10/12</b> Presentation Day	<b>11/12</b> Carols Night	<b>12/12</b> Carol's Night back up date	<b>13/12</b>
10	<b>16/12</b> Year 6 Farewell	<b>17/12</b> End of Year Celebration	<b>18/12</b> Last day for students	<b>19/12</b> Staff Development Day	<b>20/12</b> Staff Development Day

# Kindergarten visit Symbio

On Tuesday 10th September Kindergarten visited Symbio Wildlife Park. We had a great day learning about Australian animals.





A fun day full of excitement and learning was had by all!





We loved writing about Dingoes in our writing groups!



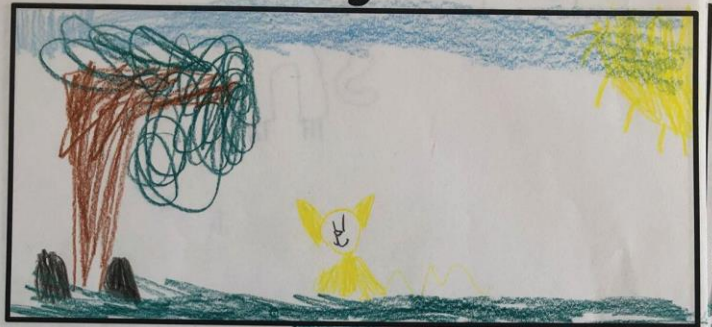
# Dingoes



Dingoes play with the box and they have pups. I see a dingo eat a kangaroo and echidna.

# Dingoes

Sophio



Dingoes have pointy ears and they can eat kangaroos. Dingoes like to play with a box. A mummy dingo can give birth to 6 pups.

# Dingoes

Omar



Dingos have sandy yellow fur and I fed a kangaroo on the grass. I can see a echidna sleeping.

Priyasha

# Dingoes



Dingos eat kangaroos and like to have pups. Dingoes have pointy ears and they can jump. Dingoes like to play with a box. Dingoes like to be big.

# Friday Afternoon Electivies

Every Friday afternoon Kindergarten do electives which are cooking, art and STEM.

Last week in cooking we made cheese quesadillas and the were so yummy!  
In art we are learning about patterns and using different colours.

STEM is alot of fun too, we are using our problem solving skills and thinking about how to solve problems. Last week we used tooth picks and play dough to create platforms for reading books. We had to see how many books could go on top before they collapsed.

We look forward to our Friday afternoons!



## Kindergarten







PANANIA NORTH  
PUBLIC SCHOOL

PANANIA NORTH PUBLIC  
SCHOOL P&C ASSOCIATION  
PRESENTS

# SPELL A THON

The 3 top fundraisers will win a prize!

- 1st Prize - Bike
- 2nd Prize - \$75 Kids Voucher
- 3rd Prize - \$50 Kids Voucher

## IMPORTANT DATES

COLLECT PLEDGES & PRACTICE WORDS

12TH AUGUST-3RD SEPTEMBER

SPELLING TEST

4TH SEPTEMBER

COLLECT MONEY

5TH SEPTEMBER-24TH SEPTEMBER

Panania North Public School P&C Presents

# OBSTACOOOL

Obstacool is a course made up of a mix of inflatable's including wedges, inflatable tyre run plus the feature attraction, Big Bopper which is 40m long! Along with this, there are walls, tunnels, commando nets and more!

**COST \$20 : PRICE INCLUDES**

**APPROXIMATELY 45**

**MINUTES ON THE**

**OBSTACOOOL COURSE, A**

**ONE OF A KIND WRIST**

**BAND AND AN ICE BLOCK!**

**OCTOBER 30, 2019**

**FIRST 50 TICKETS PURCHASED  
RECEIVE A FREE GELATO PRIOR  
TO THE EVENT!**

**\*All proceeds go towards P&C  
projects**

## 10c for Technology

Throughout term 3 students are asked to collect 10c coins (or any coins and notes). All money raised will go towards new filming technology at Panania North Public. Each classroom will have a container for students to put any coins they have collected in.

**THE CLASS WITH THE MOST  
MONEY COLLECTED AT THE END  
OF TERM 3 WILL WIN A CANTEEN  
VOUCHER EACH!**

## ADVERTISEMENTS

The school often publishes information on behalf of Community groups - parents need to decide the appropriateness of activities involving their child. It is the responsibility of each parent to research the bona fides of any organisation, in which you wish your child to be involved.



Present  
this coupon & receive

**\$5 OFF**

your first class

Offering  
**ladies only**  
classes

No  
locked-in contract  
No membership  
fees  
**just results!**

### Spring into Spring with Belair Fitness

now available at the YMCA Bankstown,

**offering a variety of classes**

to kick start your summer body....

#### Wednesday

11.00am – 12.00pm Step & Tone

05.15pm – 06.00pm Step & Abs

06.15pm – 07.00pm Zumba

#### Thursday

09.15am – 10.00am Cardio Blast & Tone

10.15am – 11.00am Zumba

Bring your own

Towel & Water Bottle

Yoga mat required for all classes excludes Zumba

For further details connect with us on:

 belair\_personal\_trainer

OR

E: belairfitness@hotmail.com.au

184 The River Road Revesby

### STEP & TONE

Enjoy traditional step aerobics at its best!!!  
Incorporating combinations and routines using the step followed by 15 minutes of TONING, this will definitely give your body a wake up! A GREAT cardio workout, combining fitness, strength & conditioning.

MODERATE/HIGH INTENSITY

### STEP & ABS

This step class is guaranteed to kick start your metabolism, incorporating combinations and routines followed by 15 minutes of abdominal strengthening. A true favourite!!!

MODERATE/HIGH INTENSITY

### ZUMBA

Dust off your dancing shoes - it's time to let your hair down!! A Latin American inspired dance class where you can move and groove to all the latest tunes, as well as all the Zumba favourites. This will get your whole body moving - a high energy cardio blast!

MODERATE/HIGH INTENSITY

### CARDIO BLAST AND TONE

This fat blasting workout alternates between intense bursts of activity and fix periods of less intense activity. Incorporating the Tabata training method and Circuit Style training. A great class for building strength, endurance and stamina

Finishing off with a Toning workout

MODERATE/HIGH INTENSITY



# TALENT BOX SIX WEEK SCREEN ACTING COURSE

Juniors (7-12yrs) 1-3pm  
Teens (13-16yrs) 3-5pm

Starting on Sunday 17th of November 2019  
(last class on 22nd of December 2019)

Cost: AU\$330.00+GST

Location: 231 Newbridge Road, Moorebank, 2170, NSW  
(St Joseph's Parish)

Places are LIMITED to 14 students in each class  
Register at [www.talentbox.com.au](http://www.talentbox.com.au)

for more info contact us via email [admin@talentbox.com.au](mailto:admin@talentbox.com.au) or on 0433 669 991

Sydney  
Technical  
High School



## INFORMATION MORNING

Prospective Year 7 Students 2021

Tuesday 15 October 2019

at 9.15am in the School Auditorium

Sydney Technical High School, established in 1911, has a proud tradition of student academic achievement. The school prepares young men who are scholarly and socially responsible. Teaching and learning programs feature extension and higher order thinking and are recognised as best practice for High Potential and Gifted Learners.

Other features of the school include robotics, debating, public speaking, digital media, music ensembles and sport. The school actively promotes an environment in which student wellbeing, tolerance of others and strong community values support each student reaching his potential.

Enrolments: Students seeking entrance into Year 7 must participate in selection procedures organised by the Department of Education. For further information contact the High Performing Students Unit on 1300 880 367 or email: [ssu@det.nsw.edu.au](mailto:ssu@det.nsw.edu.au).

## SYDNEY TECHNICAL HIGH SCHOOL

An Academically Selective School for Boys

686 Forest Road Bexley 2207

[www.sths.nsw.edu.au](http://www.sths.nsw.edu.au)

Enquiries to the School: 9587 5899