



# Panania North Public School

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## K-6 Assembly

The following awards will be presented at our K-6 Assembly to be held on Wednesday, **23 October** at **2.15pm**

**Principal's Award:** Savannah D (Wagtails), Terry T (Lyrebirds), Michelle T (Albatross), Nicole T (Corellas), Aiden P (Green Herons), Omar K (Cockatoos), Luke P (Albatross), Mariah E (Rosellas), Emily M (Cockatoos), Pritisha H (Cockatoos), Abigail H (Turtle Doves), Diama S (Fairy Wrens), Sophie B (Seagulls), Joshua D (Corellas), Daniel W (Eagles), Taylor L (Lyrebirds), Luke P (Turtle Doves), Melanie H (Galahs), Cameron B (Seagulls), Madison B (Albatross), Arielle P (Seagulls), Emily H (Galahs), James B (Turtle Doves), Ivanna B (Corellas), Lilli F (Albatross), Michelle T (Albatross), Leana P (Eagles)

**Gold Principal's Award:** Madison B (Albatross), Savannah D (Wagtails), Shakina T (Seagulls), Emily H (Galahs), Luke P (Turtle Doves), Michelle T (Albatross), Daniel C (Seagulls)

**Principal's Badge:** Madison B (Albatross)



## What's coming up

### Week 2

#### **Wednesday 23 October**

- K-6 Assembly performance – Corellas
- Selected students Principal's Badge morning tea.

#### **Thursday 24 October**

- Kindy 2020 transition day 1 (9.15-10.45am)

### Week 3

#### **Monday 28 October**

- Bankstown Dance Festival rehearsal & evening performance

#### **Tuesday 29 October**

- 2020 school leader speeches

#### **Wednesday 30 October**

- P&C Obstacool event

#### **Thursday 31 October**

- Kindy 2020 transition day 2 (9.15-10.45am)
- Stage 3 regional cricket day

## Notes & Payments

Please be aware of the following payments/notes that are overdue, or that are coming up.

- |   |                              |
|---|------------------------------|
| - PSSA                                    | - Dance Troupe Rehearsal Bus |
| - Stage 3 Camp                            | - K-2 Gymnastics             |
| - Stage 1 Fairfield City Museum excursion | - P&C Obstacool              |

# WELCOME BACK - TERM 4

Welcome back to all our students, staff and families for what is sure to be a busy term.

In the coming weeks we have our kindergarten transition program, Year 6 fun day, presentation day, carols night, talent quests, high school transition/orientation, year 6 farewells .... And the list goes on!!

A calendar has been placed in this newsletter to help you keep on track. Please be aware that at times we have to change dates due to unexpected or unforeseen activities or events.

# TERM 4 CALENDAR

Week	Monday	Tuesday	Wednesday	Thursday	Friday
2	21/10	22/10	23/10 Assembly - Corellas	24/10 Kindergarten Transition Day 1	25/10 <i>Stage 1 excursion money &amp; notes Due back to school.</i>
3	28/10 Bankstown Dance Festival Rehearsal and Evening Performance	29/10 2020 student leaders speeches	30/10 Obstacool P&C event	31/10 Kindergarten Transition Day 2	1/11
4	4/11	5/11 Sports & Extra curricular photos Corellas, Eagles & Turtledoves Excursion Fairfield Museum	6/11 K-6 Assembly - Kindergarten	7/11 Kindergarten Transition Day 3 Sports and Extra Curricula photos	8/11 School Disco - Halloween
5	11/11	12/11	13/11	14/11 A Day for Shay	15/11
6	18/11 Year 5/6 Camp	19/11 Year 5/6 Camp	20/11 Year 5/6 Camp	21/11 Lyrebirds & Galahs Excursion to fairfield museum	22/11
7	25/11	26/11	27/11	28/11 Year 6 Funday	29/11 Talent Quest
8	2/12 Talent Quest	3/12 High school Year 6 Orientation Day	4/12 K-6 Assembly - (Final 2019 Awards presented)	5/12 Thank you Morning Tea Combined SRE service	6/12
9	9/12	10/12	11/12 Carols Night	12/12 Carol's Night back up date	13/12
10	16/12 Year 6 Farewell	17/12	18/12 Last day for students	19/12 Staff Development Day	20/12 Staff Development Day

# Congratulations!



Our Stage 3 girls Cricket team have qualified to compete in the Canterbury Bankstown Woolworths Cricket Blast Regional Finals day! This is a great achievement and we're very proud of them! The girls will play against the other schools on Thursday 31 October, good luck!!

Congratulations and well done to Zach and Josh Agius. They travelled to Wollongong to represent Sydney South West for Cricket. Keep up the good work representing our school!



## K-2 Gymnastics

Kindergarten, Year 1 and 2 classes will be participating in an 8 week gymnastics program this term. All students are expected to participate in this program as it is apart of our PDHPE Syllabus. The program will commence next Friday 25 October through to Friday 13 December. The course aims to build students social skills, confidence, self esteem co-ordination and fitness. More information can be found at [www.gymnastrix.com.au](http://www.gymnastrix.com.au)

## 2020 Student Leaders

12 Panania North Public School students have been chosen as candidates for the 6 leadership positions next year. Congratulations to Obadiah D (Penguins), Cooper D (Penguins), Arielle P (Seagulls), Drew P (Albatross), Madison D (Penguins), Sofia S (Seagulls), Lilli F (Albatross), Blake S (Albatross), Imran H (Wagtails), Aaliyah T (Seagulls), Sienna M (Wagtails) and Bella W (Penguins).

Our 12 candidates will be presenting a 2-minute speech to the school outlining their commitment and readiness for a leadership position in 2020. Speeches will be held in the school hall on Tuesday, 29 October from 12-1.15pm.

## HATS

Term 4 has arrived and a good time with the recent warm weather to remind everyone that it is **COMPULSORY** for all children to wear a blue school hat when they are outside.

Parents please make sure your child has a clearly labelled hat in their bag at all times. Children who do not have a hat will be restricted to playing in an undercover area.

The Uniform Shop is open Friday mornings from 8.30am. If you can't get into the Uniform Shop an order form is available.

## How much water does your child really need?

Staying hydrated is even more important during the warmer months. Every part of your body needs water to work properly and dehydration can lead to painful kidney stones. Many people don't feel thirsty until they are already dehydrated, so packing a drink bottle with your child's school lunch is a good reminder for them to drink during the day. Sports drinks and juices are popular with kids, but they often contain a lot of sugar. To find out the recommended daily intake of water for your child's age at <http://bit.ly/ZjwUjo>

# ENROLMENT FOR 2020 - PNPS

We would like to request your assistance in helping us to complete as accurately as possible our anticipated enrolments for 2020. The school is required to provide reliable enrolment projections for 2020 to the Department of Education so that they can determine the appropriate staffing levels for our school for next year.

All current students are guaranteed a place but we need to know if you actually need that place. We are aware that things can change so your response is not binding, but it will give the school a good indication of possible changes to existing enrolments.

**Please advise us of any issues you would like the school to consider for class placement in 2020.**

Parents are invited to advise us of any special considerations they would like the school to be aware of when placing their children in classes for 2020. Please understand that this is not an invitation to request particular teachers or class structures, but it is an opportunity to advise us of any important concerns that you would like us to consider when placing your child. Parents can be confident their issues will receive full consideration when classes are being formed but the school reserves the right to make the final determination about class placement based on detailed knowledge of all related circumstances.

Please send a separate form for each child as forms are filed as class sets.





PANANIA NORTH  
PUBLIC SCHOOL

PANANIA NORTH PUBLIC  
SCHOOL P&C ASSOCIATION  
PRESENTS

# SPELL A THON

The 3 top fundraisers will win a prize!

- 1st Prize - Bike
- 2nd Prize - \$75 Kids Voucher
- 3rd Prize - \$50 Kids Voucher

## IMPORTANT DATES

COLLECT PLEDGES & PRACTICE WORDS

12TH AUGUST-3RD SEPTEMBER

SPELLING TEST

4TH SEPTEMBER

COLLECT MONEY

5TH SEPTEMBER-24TH SEPTEMBER

Panania North Public School P&C Presents

# OBSTACOOOL

Obstacool is a course made up of a mix of inflatable's including wedges, inflatable tyre run plus the feature attraction, Big Bopper which is 40m long! Along with this, there are walls, tunnels, commando nets and more!

**COST \$20 : PRICE INCLUDES**

**APPROXIMATELY 45**

**MINUTES ON THE**

**OBSTACOOOL COURSE, A**

**ONE OF A KIND WRIST**

**BAND AND AN ICE BLOCK!**

**OCTOBER 30, 2019**

**FIRST 50 TICKETS PURCHASED  
RECEIVE A FREE GELATO PRIOR  
TO THE EVENT!**

**\*All proceeds go towards P&C  
projects**

## 10c for Technology

Throughout term 3 students are asked to collect 10c coins (or any coins and notes). All money raised will go towards new filming technology at Panania North Public. Each classroom will have a container for students to put any coins they have collected in.

**THE CLASS WITH THE MOST  
MONEY COLLECTED AT THE END  
OF TERM 3 WILL WIN A CANTEEN  
VOUCHER EACH!**

## ADVERTISEMENTS

The school often publishes information on behalf of Community groups - parents need to decide the appropriateness of activities involving their child. It is the responsibility of each parent to research the bona fides of any organisation, in which you wish your child to be involved.



Present  
this coupon & receive

**\$5 OFF**  
your first class

Offering  
**ladies only**  
classes

No  
locked-in contract  
No membership  
fees  
**just results!**

### Spring into Spring with Belair Fitness

now available at the YMCA Bankstown,

**offering a variety of classes**

to kick start your summer body....

#### Wednesday

11.00am – 12.00pm Step & Tone

05.15pm – 06.00pm Step & Abs

06.15pm – 07.00pm Zumba

#### Thursday

09.15am – 10.00am Cardio Blast & Tone

10.15am – 11.00am Zumba

Bring your own

Towel & Water Bottle

Yoga mat required for all classes excludes Zumba

For further details connect with us on:

 belair\_personal\_trainer

OR

E: belairfitness@hotmail.com.au

184 The River Road Revesby

### STEP & TONE

Enjoy traditional step aerobics at its best!!!  
Incorporating combinations and routines using the step followed by 15 minutes of TONING, this will definitely give your body a wake up! A GREAT cardio workout, combining fitness, strength & conditioning.

MODERATE/HIGH INTENSITY

### STEP & ABS

This step class is guaranteed to kick start your metabolism, incorporating combinations and routines followed by 15 minutes of abdominal strengthening. A true favourite!!!

MODERATE/HIGH INTENSITY

### ZUMBA

Dust off your dancing shoes - it's time to let your hair down!! A Latin American inspired dance class where you can move and groove to all the latest tunes, as well as all the Zumba favourites. This will get your whole body moving - a high energy cardio blast!

MODERATE/HIGH INTENSITY

### CARDIO BLAST AND TONE

This fat blasting workout alternates between intense bursts of activity and fix periods of less intense activity. Incorporating the Tabata training method and Circuit Style training. A great class for building strength, endurance and stamina

Finishing off with a Toning workout

MODERATE/HIGH INTENSITY



# TALENT BOX SIX WEEK SCREEN ACTING COURSE

Juniors (7-12yrs) 1-3pm  
Teens (13-16yrs) 3-5pm

Starting on Sunday 17th of November 2019  
(last class on 22nd of December 2019)

Cost: AU\$330.00+GST

Location: 231 Newbridge Road, Moorebank, 2170, NSW  
(St Joseph's Parish)

Places are LIMITED to 14 students in each class  
Register at [www.talentbox.com.au](http://www.talentbox.com.au)

for more info contact us via email [admin@talentbox.com.au](mailto:admin@talentbox.com.au) or on 0433 669 991